

## WHY THE Y?



Since 1885, the McGaw YMCA has been the place where families come together, kids and teens thrive, and friendships are formed. At the Y, you will find a community committed to supporting each other to be healthy in spirit, mind, and body through our whole person health approach.

## »»» MORE THAN A GYM

Yes, the Y is a gym – a place to get a cardio workout or lap swim – but we are also a center for community, an advocate for the underserved, and a supporter of social justice. When you join the Y, you are part of a cause for good and a member of a community dedicated to bringing about meaningful change for all.

## »»» COMMITMENT TO EQUITY

The Y actively promotes a culture free from bias and injustice. We are dedicated to removing institutional and systemic barriers that result in oppression and racism.

## »»» ACCESS FOR ALL

Everyone is welcome. To ensure equitable access for all, the McGaw YMCA offers income-based financial assistance to help cover the cost of membership and programming. Inquire at Member Services.

## MCGAW YMCA LOCATIONS

### MCGAW YMCA



1000 GROVE STREET, EVANSTON IL

### CHILDREN'S CENTER



1420 MAPLE AVENUE, EVANSTON, IL

### MCGAW YMCA AT FAMILY FOCUS

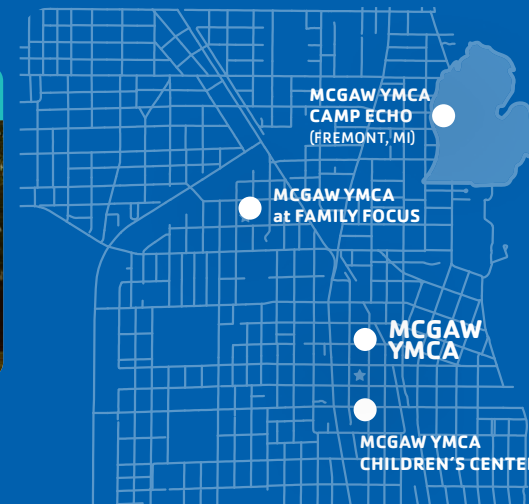


2010 DEWEY AVENUE, EVANSTON, IL




### CAMP ECHO



3782 S. TRIANGLE TRAIL, FREMONT, MI



## CONTACT US! FOLLOW US!

 [mcgawymca.org](https://mcgawymca.org)  
 [ymcacampecho.org](https://ymcacampecho.org)  
 [info@mcgawymca.org](mailto:info@mcgawymca.org)  
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 @mcgawymca  
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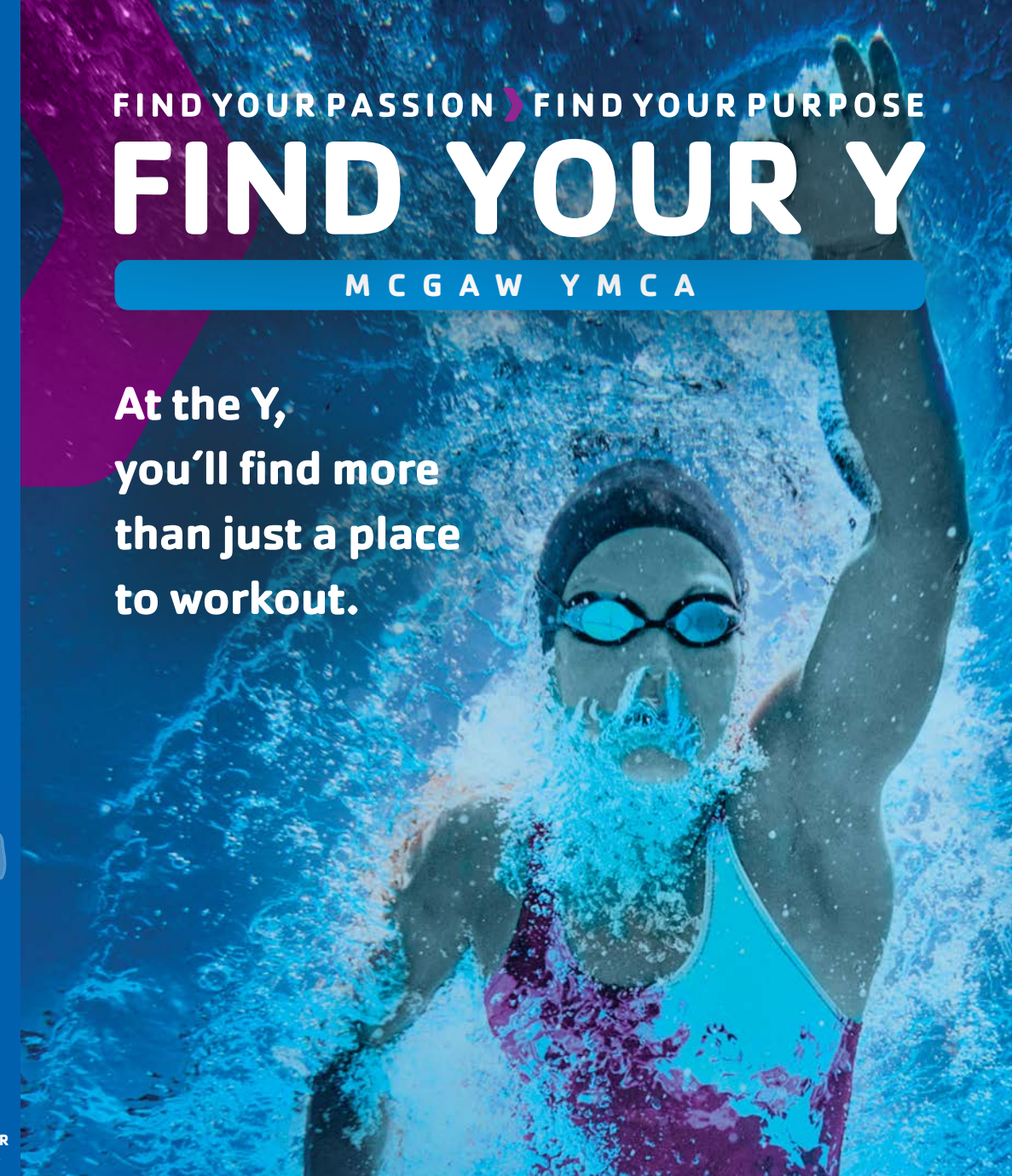


## MEMBERSHIP GUIDE

FIND YOUR PASSION FIND YOUR PURPOSE  
**FIND YOUR Y**

MCGAW YMCA

**At the Y,  
you'll find more  
than just a place  
to workout.**



 LEARN MORE AT  
[mcgawymca.org](https://mcgawymca.org)







## A LEADER IN AQUATICS SINCE 1885

Swimming at the Y helps people in our lakefront community thrive—in and out of the water. We offer everything from group and private swim lessons and water fitness classes to lifeguard training and a competitive swim team.

### »»» OPTIONS INCLUDE:\*

- Private & Group Swim Lessons
- Lap Swimming
- Family Swim Time
- Lifeguard Trainings & Certifications
- Water Group Fitness Classes
- Safety Around Water Instruction
- Swim Team

\*Select programming is fee-based.

# JOIN TODAY

[mcgawymca.org/join](https://mcgawymca.org/join)



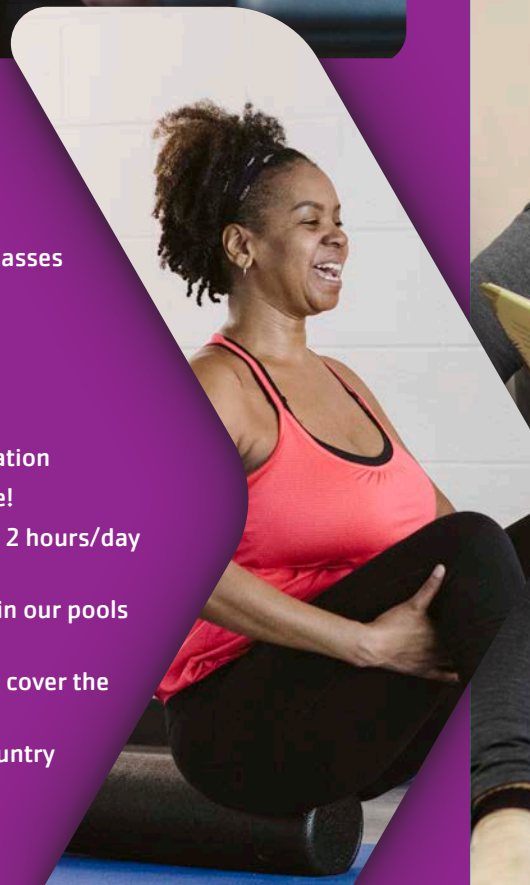
## MEMBERSHIP HAS BENEFITS



### »»» BENEFITS INCLUDE:\*

- State-of-the-art fitness facilities and amenities
- 2 indoor 25-yard heated pools
- Unlimited free group fitness, yoga, and aqua fitness classes
- 3 free SMART START 1:1 coaching sessions
- Free YMCA Weight Loss program
- No contract to join, no annual fee
- Free two-hour parking
- Savings on all McGaw Y programs and priority registration
- Special rates on personal training, massage, and more!
- Free Kids Club access with Family Memberships (up to 2 hours/day while using the facility)
- Exclusive access to family swim and family gym times in our pools and gym with Family Memberships
- Income-based financial assistance is available to help cover the cost of membership and programs
- Access to participating Ys in Illinois and across the country

\*Select programming is fee-based.



## ACTIVITIES FOR ALL AGES

We offer programming that benefits all members of the family from toddlers to teens and parents to grandparents.\*

### »»» PROGRAMS INCLUDE:

- Family Swim and Family Fun Gym
- Family Nights and Play Days
- Parents' Day Out babysitting
- Swim lessons for ages 6 months–adult
- Youth sports and enrichment programs
- Full-day early learning child care & preschool
- Afterschool and Summer day camp
- Camp Echo overnight camp in Fremont, MI
- Small group fitness
- YMCA weight loss program
- Active Older Adults programming

\*Select programming is fee-based.



## FIND YOUR WHY WITH THE Y

Working at the Y is a rewarding way to support your neighbors, strengthen your community, and connect with amazing people.



# APPLY TODAY

[mcgawymca.org/careers](https://mcgawymca.org/careers)

